

DAILY ROUTINE

TIME	ROUTINE / ACTIVITY
7.30am	<p>Children arrive Indoor free-play in Playroom (family grouping) Breakfast</p>
8.45am- 11.45am	<p>Doors opened for free flow, indoor/outdoor play UV index checked, appropriate sun safety measures to take place during all forms of outdoor play (re-apply sunscreen @ 9am, 10.30am, 2.30pm)</p> <p>Progressive Morning Tea 1 table set up with 1 staff member <i>(small group of children at a time, using checklist to monitor all children's meals)</i></p> <p>Munch & Move Time</p> <p>Nappy change</p>
11.45am	<p>Tidy-up play area, routine transition- lunch and rest <i>before lunch -handwashing/toileting</i></p>
12.00pm	<p>Lunch</p>
12.30pm	<p>Sleep/Rest/Relaxation time <i>(quiet activities offered for children who do not wish to sleep)</i></p>
2.30pm -5.00pm	<p>Wake up time (pack beds away, shoes and socks on, sunscreen re-application) Nappy change Free flow, indoor/outdoor program Progressive Afternoon Tea Outdoor tidy-up with children</p>
5.00pm- 6.00pm	<p>Late Afternoon Tea Indoor activities in Teddy & Cubby's Playroom (family grouping). Indoor tidy-up with children Centre Closed</p>

Note: This is a flexible routine and it is subject to change based on varying centre events, weather, children's needs or requests

Nappy changes are conducted as needed and kept to a 3 hour check/change

BUBBA CUBS ROUTINE

TIME	ROUTINE / ACTIVITY
7.30am	<p>Children arrive</p> <p>Indoor free play in TBCB Playroom (family grouping)</p> <p>Breakfast</p>
8.45am- 9.30am	<p>Doors opened for free flow, indoor/outdoor play</p> <p>UV index checked, appropriate sun safety measures to take place during all forms of outdoor play (re-apply sunscreen @ 9am, 10.30am, 2.30pm)</p>
9.30am- 11.30am	<p>Bubbas make their way to their playroom</p> <p>Morning Tea</p> <p>Indoor/Outdoor Play</p> <p>Optional Honey Pot Time <i>(small group time incorporating morning welcome/ Acknowledgment to Country- Day, Letter, No., Shape, Colour, Weather, Season and activity of children's choice)</i></p> <p>Nappy change</p> <p>Tidy-up play area, routine transition- lunch and rest <i>before lunch -handwashing/toileting</i></p>
11.30am	Lunch
12.00pm	<p>Sleep/Rest/Relaxation time</p> <p><i>(quiet activities offered for children who do not wish to sleep)</i></p>
2.30pm -5.00pm	<p>Wake up time (pack beds away, shoes and socks on, sunscreen re-application)</p> <p>Nappy change</p> <p>Afternoon Tea</p> <p>Indoor/Outdoor free play (family grouping)</p> <p>Outdoor tidy-up with children</p>
5.00pm- 6.00pm	<p>Late Afternoon Tea</p> <p>Indoor activities in TBCB Playroom (family grouping)</p> <p>Indoor tidy-up with children</p> <p>Centre Closed</p>

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